



**NORTHER ZONE NATIONAL BODY BUILDING CHAMPIONSHIP - 2022**  
**10TH APRIL, 2022, CHANDIGARH**

| MEN'S BODY BUILDING |                        |                 | 55 KG  |           |
|---------------------|------------------------|-----------------|--------|-----------|
| RANK                | NAME OF THE COMPETITOR | UNIT            | WEIGHT | TRUNK NO. |
| 1                   | SURAJ SINGH            | UTTARKHAND      | 54.6   | 42        |
| 2                   | RAJAT KUNDAL           | JAMMU & KASHMIR | 53.8   | 43        |
| 3                   | RAVI AGGARWAL          | UTTAR PRADESH   | 54.7   | 47        |
| 4                   | TEENU                  | CHANDIGARH      | 53     | 49        |
| 5                   | RAJ KUMAR              | PUNJAB          | 55     | 46        |

| MEN'S BODY BUILDING |                        |               | 60 KG  |           |
|---------------------|------------------------|---------------|--------|-----------|
| RANK                | NAME OF THE COMPETITOR | UNIT          | WEIGHT | TRUNK NO. |
| 1                   | KISHAN SINGH           | CHANDIGARH    | 61     | 68        |
| 2                   | ISHAN                  | UTTARKHAND    | 60     | 51        |
| 3                   | VIKAS SONKAR           | DELHI         | 58.2   | 57        |
| 4                   | CHANCHAL SINGH         | PUNJAB        | 59.3   | 55        |
| 5                   | VISHAL                 | UTTAR PRADESH | 59.3   | 56        |

| MEN'S BODY BUILDING |                        |           | 65KG   |           |
|---------------------|------------------------|-----------|--------|-----------|
| RANK                | NAME OF THE COMPETITOR | UNIT      | WEIGHT | TRUNK NO. |
| 1                   | PARDEEP VERMA          | PUNJAB    | 65     | 63        |
| 2                   | AMANDEEP               | HARYANA   | 65     | 64        |
| 3                   | ANKIT DEDHA            | DELHI     | 65     | 66        |
| 4                   | VINEET SINGROHA        | DELHI     | 64.4   | 65        |
| 5                   | VIJAY KUMAR            | CHANDIARH | 60.2   | 67        |

| MEN'S BODY BUILDING |                        |            | 70 KG  |           |
|---------------------|------------------------|------------|--------|-----------|
| RANK                | NAME OF THE COMPETITOR | UNIT       | WEIGHT | TRUNK NO. |
| 1                   | VIKAS SHARMA           | PUNJAB     | 69.6   | 76        |
| 2                   | DULLAD                 | PUNJAB     | 68     | 77        |
| 3                   | AMIT KUMAR             | PUNJAB     | 69.5   | 75        |
| 4                   | DEEP KUMAR             | DELHI      | 70     | 79        |
| 5                   | SATISH                 | CHANDIGARH | 70     | 82        |

| MEN'S BODY BUILDING |                        |            | 75 KG  |           |
|---------------------|------------------------|------------|--------|-----------|
| RANK                | NAME OF THE COMPETITOR | UNIT       | WEIGHT | TRUNK NO. |
| 1                   | HAPPY                  | PUNJAB     | 75     | 90        |
| 2                   | VIPIN SHARMA           | CHANDIGARH | 74     | 87        |
| 3                   | SHUBHAM MEHRA          | UTTARKHAND | 74.8   | 83        |
| 4                   | AJAY JAIN              | PUNJAB     | 70.5   | 84        |
| 5                   | SAHIB                  | CHANDIGARH | 74     | 88        |

| MEN'S BODY BUILDING |                        |                  | 80 KG  |           |
|---------------------|------------------------|------------------|--------|-----------|
| RANK                | NAME OF THE COMPETITOR | UNIT             | WEIGHT | TRUNK NO. |
| 1                   | JAVED QURESHI          | HARYANA          | 79.6   | 96        |
| 2                   | BALWINDER KUMAR        | PUNJAB           | 79.6   | 94        |
| 3                   | VINEET RANA            | CHANDIGARH       | 77     | 97        |
| 4                   | NITISH                 | HIMACHAL PRADESH | 79     | 98        |
| 5                   | MUKUL                  | HARYANA          | 78.2   | 95        |

| MEN'S BODY BUILDING |                        |               | 85 KG  |           |
|---------------------|------------------------|---------------|--------|-----------|
| RANK                | NAME OF THE COMPETITOR | UNIT          | WEIGHT | TRUNK NO. |
| 1                   | PRITAM                 | HARYANA       | 82.9   | 105       |
| 2                   | NAVEEN KUMAR           | DELHI         | 80.6   | 106       |
| 3                   | SORABH YADAV           | UTTAR PRADESH | 80.7   | 104       |
| 4                   | NARENDRA YADAV         | UTTAR PRADESH | 81     | 103       |
| 5                   | ADESH CHAUDHARY        | RAJASTHAN     | 82.8   | 102       |

| MEN'S BODY BUILDING |                        |                 | 90 KG  |           |
|---------------------|------------------------|-----------------|--------|-----------|
| RANK                | NAME OF THE COMPETITOR | UNIT            | WEIGHT | TRUNK NO. |
| 1                   | RAVISH AHMED           | UTTAR PRADESH   | 86     | 184       |
| 2                   | DHARMENDER             | HARYANA         | 87.9   | 182       |
| 3                   | VIPUL JAMWAL           | JAMMU & KASHMIR | 88.4   | 180       |
| 4                   | VISHAL BHARADWAJ       | DELHI           | 85.2   | 183       |
| 5                   |                        |                 |        |           |

| MEN'S BODY BUILDING |                        |            | ABOVE 90 |           |
|---------------------|------------------------|------------|----------|-----------|
| RANK                | NAME OF THE COMPETITOR | UNIT       | WEIGHT   | TRUNK NO. |
| 1                   | HARDEEP SINGH          | PUNJAB     | 102      | 187       |
| 2                   | AMRINDER SINGH         | PUNJAB     | 100.2    | 188       |
| 3                   | SONU TYAGI             | CHANDIGARH | 94       | 186       |
| 4                   |                        |            |          |           |
| 5                   |                        |            |          |           |

| MEN'S SPORTS PHYSIQUE |                        |               | OPEN   |           |
|-----------------------|------------------------|---------------|--------|-----------|
| RANK                  | NAME OF THE COMPETITOR | UNIT          | WEIGHT | TRUNK NO. |
| 1                     | PUSHAP KUMAR           | CHANDIGARH    |        | 134       |
| 2                     | PANKAJ RAWAT           | CHANDIGARH    |        | 135       |
| 3                     | DEEPANKAR              | UTTAR PRADESH |        | 110       |
| 4                     | LALIT LODHI            | UTTARKHAND    |        | 102       |
| 5                     | ROHIT KR SINGH         | UTTAR PRADESH |        | 111       |

| WOMEN'S MODEL PHYSIQUE |                        |                 | OPEN   |           |
|------------------------|------------------------|-----------------|--------|-----------|
| RANK                   | NAME OF THE COMPETITOR | UNIT            | WEIGHT | TRUNK NO. |
| 1                      | YOGITA SANGER          | UTTAR PRADESH   |        | 122       |
| 2                      | SUNITA                 | CHANDIGARH      |        | 123       |
| 3                      | SURBHI SHARMA          | JAMMU & KASHMIR |        | 121       |
| 4                      | ANURADHA               | CHANDIGARH      |        | 124       |
| 5                      |                        |                 |        |           |

TEAM CHAMPIONSHIP 1st RUNNER UP      CHANDIGARH      35 POINTS

TEAM CHAMPIONSHIP RUNNER UP      HARYANA      50 POINTS

**TEAM CHAMPIONSHIP**

**PUNJAB**

**95 POINTS**

**CHAMPION OF CHAMPION**

|                      |               |                    |
|----------------------|---------------|--------------------|
| <b>HARDEEP SINGH</b> | <b>PUNJAB</b> | <b>TRUNK - 187</b> |
|----------------------|---------------|--------------------|

